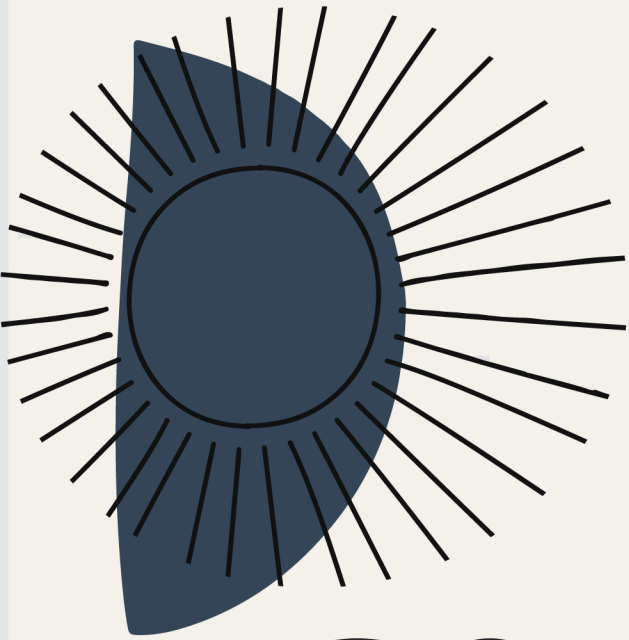
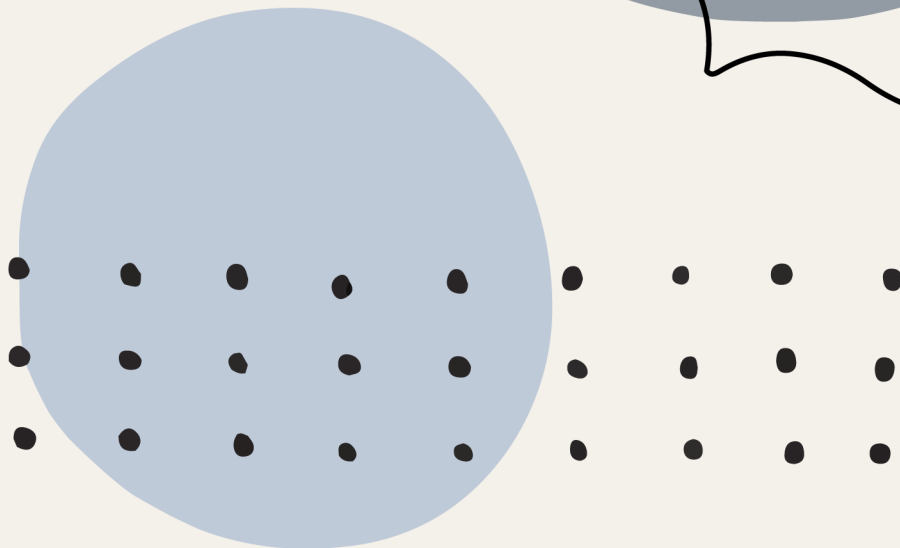


A study through the book of Hebrews
By Julie Contreras



CONSIDER


Jesus



By way of introduction, my name is Julie Contreras. I have been a lover and follower of Jesus for the past 42 years. I enjoy worshipping God, nature (as long as it's not camping), traveling, dancing, swimming, boogie boarding, friends, laughter, and adventure. I have been privileged to be married to my best friend and confidante for 33 years who serves Jesus wholeheartedly. Together we have raised 4 wonderful children. We have church-planted and attempted to give our lives in service to the Lord. As part of this endeavor, I spent many years of my life homeschooling our children to disciple them. I am a teacher by profession and spent some years in a public school classroom. I currently am a homeschool consultant and I am honored to guide others through the process of homeschooling. Our four children, currently all in their 20s, are incredible young people and we are blessed to be their parents in a friend capacity now.

*I am privileged to serve the body of Christ at New Vision Church in various capacities including supporting the lead pastor (who is my husband!), prayer, Biblical counseling, discipleship, mentoring, consulting for various ministries and teaching women's Bible Study. Earlier Bible Studies I have written include *The Kingdom of Light: A Study of 1 Thessalonians*, *Rich! A Study of Ephesians*, *Do It! Live Radically A Study of James*, *Songs of My Heart: A Study of 18 Psalms*, and *Our Hope Renewed*. Thank you for joining me as we Consider Jesus through the book of Hebrews. I pray it will be a significant contribution to you anchoring yourself in Jesus.*





Welcome dear friends to a study in Hebrews...CONSIDER JESUS!

The Lord led me to Hebrews during a time when my hope was fading, my faith needed strengthening, and circumstances in life were difficult. He called me to memorize it, an act only accomplished through the Holy Spirit living in me. As the book rolled around in my mind, tossed about in my heart, and rang through my ears during many walks or house cleaning sessions with my recorded voice reading it back to me, God strengthened my faith, renewed my hope, and revealed Jesus in a more complete and richer way to me than before. My faith became my anchor.

The whole focus of Hebrews is Jesus! It is a book written to the Hebrew or Jewish people who had become Christians. They recognized that Jesus is the Messiah that God had promised to them for centuries. He was the one they had been waiting for! They needed further instruction on the details and encouragement on how to move forward in their faith. They needed to consider Jesus. How about you? Would you like more details on who Jesus is? Do you desire to know Him more, to understand Him more, to worship Him more? Are you needing encouragement in this season of life? Are you wanting to grow and move forward in your faith? Have you been curious about who Jesus is? If you said yes to any of these questions then you are in the right study. Join me to CONSIDER JESUS.

There is depth and richness in this book. There's much meat to chew on. I will do my best to guide you bite by bite so that you don't choke, but so that as you carefully chew on God's Word, you will savor each flavor that God has for you.

It is divided into two parts so we can pace ourselves through this long book and take a rest in the middle to catch up and ponder what we are learning.

Join me in discovering, experiencing, and anchoring to Jesus more through the book of Hebrews!

Lovingly,
Julie Contreras

WEEK 1

Hebrews 1

Many Facets of Jesus

CONSIDER

Jesus



Week 1 *Teaching Notes*



Hebrews 1

Consider Jesus...

1. Jesus is _____ . Hebrews 1:2,5,8

2. Jesus _____ . Hebrews 1:2

3. Jesus is _____ , _____ of all things. Hebrews 1:2,8,9,13

4. Jesus is _____ . Hebrews 1:2,10-12

5. Jesus is _____ Himself. Hebrews 1:3

6. Jesus is _____ . Hebrews 1:3

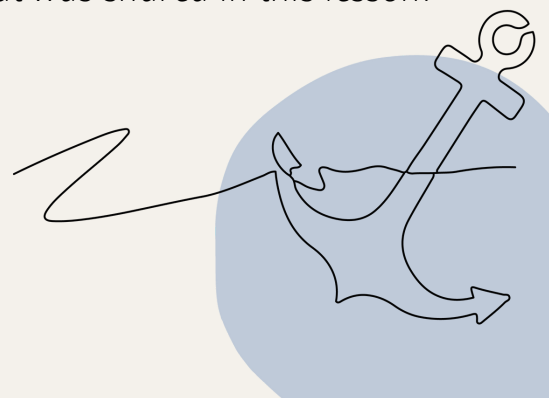
7. Jesus is _____ . Hebrews 1:3



Week 1 *Discussion*

Let's Discuss...

- 1. Which one of the 7 points of who Jesus is is the most meaningful to you in your life right now?*
- 2. Which one of the 7 points about Jesus is the easiest for you to believe?*
- 3. Which one is the most difficult for you to believe?*
- 4. What questions did this bring up for you?*
- 5. What would you like to know more about based on what was shared in this lesson?*



Week 1 *Homework*

Day 1: Consider Jesus - Hebrews 1:1

Welcome to our first day of homework! Each week the homework is broken into five days. Do your best to complete it but you can always come back to it later if you run out of time. It is my prayer that as you begin and complete this study, you will see Jesus in a fuller way than you ever have before. I pray that you will see Him in light of the whole picture of the origins of faith that God set up in the Old Testament through Moses for us, the significance that all of the Jewish ways most of us are unfamiliar with found its fulfillment in Christ. I pray that you will realize that Jesus is more valuable than anyone or anything in this entire world and that He will become more important to you than anyone or anything you have or will ever experience. I pray that your confidence will be renewed and that your faith grip on Jesus will tighten, that you will hold on to the surety of your faith. I pray that as your faith grows, your rest in Christ will grow. I pray that you will be encouraged by heroes of the faith and realize that you too are included in this lineage of faith. I pray that this growth in Jesus will anchor you in your faith.

As we work through this rich book, we are going to learn many things about Jesus...who He is, what He does, and how He is found throughout God's plan in the Scriptures. As we learn, I want you to come back to the chart on the next page and fill it in. Whenever you discover something that Hebrews is teaching you about Jesus, come back here and list it in this chart. The first column is what you learned about Jesus. The second is the chapter and verse in Hebrews where you found that truth. The third column is anything else you want to note about that. It could be how it impacts your life, how it deepened your understanding of God, or anything else the Holy Spirit wants you to remember. You can also leave that third column blank if nothing is coming to mind at that time. You may have a thought later that you want to go back and write there. You can begin your chart with the first seven things you learned about Jesus in our first teaching. I will remind you of these things this week in your homework.

For today, read Hebrews 1. I memorized it in The New King James Version so that is the main version we will be working from. We will also use New Living Translation at times. A Bible app or www.biblegateway.com is helpful if you don't own either of those versions.

What stands out to you in chapter 1?

Week 1 Homework



Consider Jesus...

<i>Jesus...</i>	<i>Hebrews reference...</i>	<i>Further insight on this...</i>



Week 1 *Homework*

What does Hebrews 1:1 say that God did in the past? How did He do that?

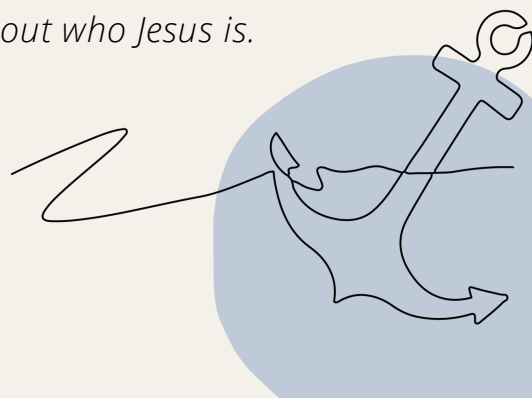
The prophets wrote down God's messages for the people and it became part of the Old Testament. They often spoke messages directly for Israel, God's people, about what was going to happen to them in the future. Ephesians 2:20 says, Together, we are His house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ Jesus himself. NLT The messages that the prophets gave helped build the foundation that our faith is built on. Included in these messages were promises that God would fulfill when He sent His Messiah, Jesus, to save the people from their sin and make a way back to God. In the Old Testament, if you look in your Table of Contents in your Bible, all of those names (except for Lamentations) after the Song of Solomon, were prophets that would tell God's people what God wanted them to know. Write down a few of their names here.

God is always wanting to speak to us. It is His desire that we know Him, interact with Him, and love Him. What motivates God? What does He have for us according to Psalm 130:7? O Israel, hope in the Lord; for with the Lord there is unfailing love. His redemption overflows. New Living Translation - NLT

How has God shown his unfailing love to you?

How do you hear God speak to you?

Join me in my prayer that you will hear God speaking to you each day as you do your homework and learn more through the book of Hebrews about who Jesus is.



Week 1 *Homework*

Day 2: God's Son who Speaks - Hebrews 1:2

Now that we have started with the basis of knowing that God speaks. Let's build on that by moving into Hebrews 1:2. When we read this verse, it is packed with four powerful truths about who Jesus is. We discussed them in our first teaching. Now as you look at each one a bit more, write each one as you come to it in your chart. How does God speak to us now according to verse 2?

For today, we will focus on two truths about Jesus. First, He is God's _____. Write this in your chart.

Jesus is God's Son from Hebrews 1:2. Read Matthew 1:18. How did Mary get pregnant?

Read from an Old Testament prophet, Isaiah. What did Isaiah prophesy would happen in Isaiah 7:14?

We see this prophecy fulfilled in Jesus!

Now read Hebrews 1:5 and 6a (that means the first part of the verse). What are these verses emphasizing about Jesus?

Now skip over to Hebrews 1:8a. What do you notice about Jesus in this section?

Hebrews 1:5 begins a habit of the author that you will see repeatedly throughout this book, quoting prophecy from the Old Testament to show that it was fulfilled in Jesus. Look up Psalm 2:7 and 2 Samuel 7:14 in your Bible. These words are God speaking to the prophets foretelling Jesus, His Son who would come as the Messiah!

Week 1 *Homework*



From your human experience and from these verses in Hebrews so far, how do you think the Father God feels about His Son, Jesus?

Don't miss the action of what Jesus does in Hebrews 1:2 . Jesus _____.

Jesus speaks. Hebrews 1:1 tells us that Jesus spoke in time past and in Hebrews 1:2 has in these last days spoken to us. Write it in your chart. Now skim Hebrews 1 again and circle the words say and says each time you read it. God has a lot to say in this book. Lord, make our ears and hearts open to hear what you say.

*Read some of Jesus' words to hear what He said while He was on this earth. One of His most famous conversations was with a Jewish leader trying to understand Jesus. Read John 3:1-21. What are some reasons why Jesus came? **

*What has Jesus personally spoken to you about recently in His Word or through His Holy Spirit? Is there a Bible verse that the Holy Spirit has been using to speak to your soul or situation?**

In closing out today's work, spend some time thinking about how difficult it would have been for God the Father to sacrifice His precious Son on our behalf. Spend some time thanking Him for doing this because of His great love for you. Thank Him for speaking to you and ask Him to give you ears to hear what He has for you in this study of the book of Hebrews.



Week 1 *Homework*

Day 3: Ruler and Creator - Hebrews 11:2-3, 8-13

Yesterday we learned that Jesus is God's Son who speaks. Let's begin our day continuing in Hebrews 1:2 to discover the next two things about Jesus.

What did God the Father appoint Jesus as? "Whom He has appointed _____ of _____ things." This means that Jesus is Ruler, heir of all things. Add this truth to your chart.

An heir is someone who inherits all the possessions of the one who gives them. God the Father is giving Jesus the Son all of His power as ruler and judge of the world. Read Hebrews 1:8b-9 and Hebrews 1:13. What are both of these Old Testament passages referring to Jesus as?

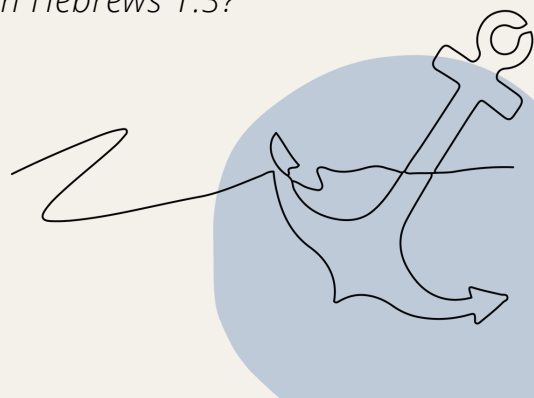
Connect them to the truth that Jesus is ruler. Now look them up in the Old Testament in Psalm 45:6-7 and Psalm 110:1.

What are some things you learn about Jesus' character as a ruler in Hebrews 1:8-9?

What did God anoint (pour out) on Jesus as a result of His righteousness?

Living in a way that is right with God brings gladness to our lives as well. There is surety in knowing what is right and wrong, and confidence in having a standard of truth to measure our decisions by. There is freedom in letting Jesus take over and rule in our lives. God gives us joy in obeying Him, even when it's hard to do so.

Where is Jesus now from Hebrews 1:13 and the last phrase in Hebrews 1:3?



Week 1 *Homework*

He is seated at God's right hand in heaven. What will happen in the future according to the end of verse 13 to those who are against Jesus?

Romans 2:16 says, " And this is the message I proclaim—that the day is coming when God, through Christ Jesus, will judge everyone's secret life." NLT

What responsibility has God given to Jesus according to John 5:22? "In addition, the Father judges no one. Instead, he has given the Son absolute authority to judge," John 5:22 NLT

Look up Revelation 20:11-15 to read about judgment day when Jesus will judge each person. How will people be judged?

Where does our name need to be to not be thrown in the Lake of Fire?

Our name is written in the Book of Life when we receive Jesus as Savior. We will cover this more in detail during the last day of our homework.

Take a moment to reflect on Jesus speaking and Jesus ruling. Thank Him for His desire to speak to you. Be still and listen to His voice. Listen to His voice as you read His Word. Surrender any area of your life to Him that you have not yet given Him. It will bring relief and gladness. Is there something in your life that you are trying to keep control of? Perhaps there is an area of your life you have given Him but that you keep taking back. Give it to Him once again. Write down what comes to mind.

Let Jesus have control and rule in that area of your life. It will bring you gladness to trust Him and to see what He does.

Week 1 *Homework*



*Now, recall an area of your life where you have seen Jesus do good things as a result of you letting Him rule in that space. Write any thoughts below that come to you during this time of reflection. **

So far we have seen from these first couple of verses in Hebrews that Jesus is God's Son, that Jesus speaks, and that Jesus rules. Let's continue on at the end of Hebrews 1:2. Finish reading the last phrase in Hebrews 1:2, through whom also He made the worlds, and write it in your chart. What truth about Jesus does this tell you?

Jesus is the Creator. Again, the author comes back to this truth with an Old Testament prophecy. Read Hebrews 1:10-12 to tie it in with this truth of Jesus as Creator. Now, look up these verses in the original place of Psalm 102:25-27.

What did Jesus do to create the worlds according to Hebrews 1:10?

What will happen to this earthly creation according to Hebrews 1:11?

What will Jesus' role be in this according to Hebrews 1:12?

Will this ending of this creation impact Jesus according to the end of verse 12?

In fact, what will replace this creation according to Revelation 21:1?



Week 1 *Homework*

The new heaven and the new earth will be perfect, glorious, and an amazing place where we will live with God. You can read more about the details in Revelation 21 and 22. What stands out to you about the new heaven and new earth from these chapters in Revelation?

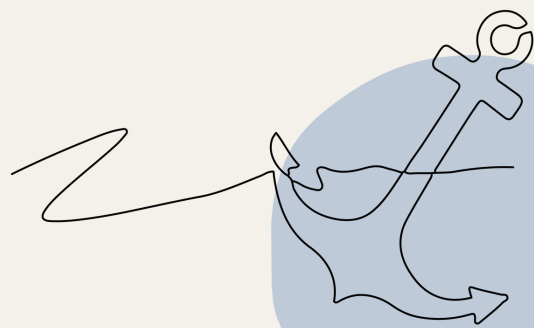
Going back to the idea that this world is created and not through the Big Bang or evolution is not a popular one today. Here are some resources where you can learn more about the truth of Biblical creation. www.creationtoday.org is a wonderful resource to get teachings on Biblical creation with scientific and scriptural evidence. [Icons of Evolution](#) produced by ColdWater Media is another video resource dealing directly with the issues of Darwinism. [Defeating Darwinism](#) by Philip E. Johnson is a great book for teens and adults.

According to Hebrews 11:3, how can we believe that Jesus truly created the world?

Look up Colossians 1:15-17. What truth do you see in verse 15 that is the same word as in Hebrews 1:6 referring to Jesus being God's Son in the New King James Version (NKJV)?

You can circle the word firstborn from the NKJV in Colossians 1:15 referring to Jesus being God's Son. What are some things that Jesus created in Colossians 1:16 that aren't mentioned in Hebrews 1:8?

What does Jesus continue to do for creation according to Colossians 1:17? Here it is in the New Living Translation to help you with this answer. He holds all creation together.



Week 1 *Homework*

*Jesus is currently holding all of creation together. This same truth is repeated in Hebrews 1:3 stuck right in the middle. Do you see it there? Upholding all things by the word of His power. One day He will stop holding it together and instead will fold up the current creation as Hebrews 1:12 says and change it into the new heaven and new earth we eagerly await! Has this truth of Jesus as Creator not only of this world, but of our future world, taken root in you to add to your hope of eternal life? **

How do you worship Jesus as Creator?

I love to take walks in nature and think of how Jesus formed creation. I worship Him as I see the waves crash in, hear a bird sing, walk through a rose garden, and the many beautiful things He has given us to enjoy in His creation. Then I think, "If this is beautiful, I am certainly looking forward to the perfect beauty He is going to reveal in His creation of the new heaven and the new earth which will not be marked by sin and pollution." It is part of our hope that we look forward to! What are your favorite aspects of creations?

Take some time this week to go on a walk in creation. Think about and praise Jesus as Creator during your walk.

Week 1 *Homework*

Day 4: Our Powerful God - Hebrews 1:3

Yesterday we focused on Jesus as ruler and creator. Not only is Jesus the Creator, but Jesus is also God Himself. Enter this truth in your chart.

What are the first two phrases in Hebrews 1:3? Write them below.

What do these two phrases tell you about who Jesus is?

He Is God himself! He shows God's brightness and his exact image.

One of the reasons that Jesus was killed was because the Jewish leaders did not understand the idea of the trinity, Father, Son, and Holy Spirit, that Jesus is God in the flesh. Jesus spoke of Himself being God. Look up John 10:30 and John 14:9. What did Jesus say about Himself in relation to God, whom He also called Father?

What did Jesus say about the Holy Spirit in John 14:25-27?

Read Ephesians 2:18. What three parts of God do you see in this verse? Can you tell which role each one has from this verse?

Jesus made the way for us to be able to get to God the Father by the sacrifice of Himself. After receiving this gift of salvation, the Holy Spirit can now live in us because of Jesus' sacrifice. God Himself living in us, what a wonder!



Week 1 *Homework*

There is a common argument that people raise about Jesus being God. They say it is a contradiction in the Bible. Read John 1:1 and then John 1:18. What contradiction does there appear to be between these two verses?

What are your thoughts about why this may not be a contradiction?

The truth of the matter is that Jesus was God in the flesh, but it was only human flesh. A human body cannot contain the full glory of God the Father in bodily form. When Moses asked to see God in Exodus 33, God hid him in the cleft of the rock so that he only saw part of his glory. We will see God's full glory one day in heaven. Jesus is the express image of God, but not his full glorified image as that could not be contained in a human body. Thus these verses are not contradictory.

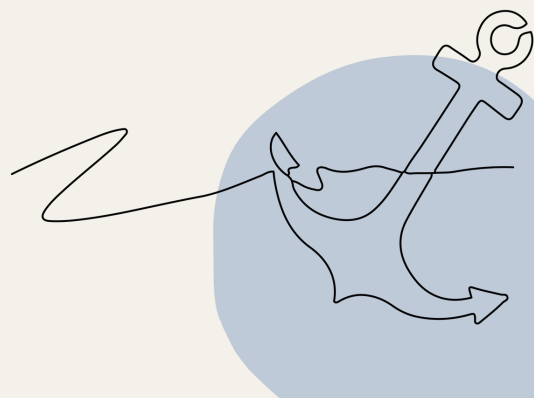
Because Jesus is God Himself, He is also the next thing. What does the next section of Hebrews 1:3 say? Upholding all things by the word of his _____

Jesus is powerful! Add that to your chart.

Read about some miracles that Jesus did while on earth that showed His power. Luke 8:22-25, Luke 8:40-55, Luke 9:10-17

Summarize your favorite one here.

How has your life or the life of someone you know been changed by the power of Jesus?



Week 1 *Homework*

Underline in the next verse what Jesus' power does for us. Colossians 1:11 strengthened with all might, according to His glorious power, for all patience and longsuffering with joy NKJV

Look up Colossians 2:9-10. What else does the power of Jesus do?

We see already today that Jesus' power holds all things together, gives us strength, and makes Him the head of every principality or any other power!

Now let's look at how these three truths about Jesus, who is God, transfer to our lives as followers of Jesus. For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7 NKJV Circle the key word in the previous verse of what Jesus, who upholds all things by His power, gives to us.

*His power holds us together, gives us His power, and defeats any other powers that are competing for our allegiance. How are you utilizing His power in your daily life? **

When I am trying to do things in my own power I feel stressed and find myself trying to control everything. When I am doing things through His power I feel at peace and am able to release it all to Him to control. It is then that I see Him working things out in ways far better than what I could do! Are you trying to do things in your own power or in His power working through you?

Week 1 *Homework*



When you find yourself trying to control, to do things in your own strength, ask Jesus to work His power through you. Watch what He does! Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. Ephesians 3:20 NLT Who gets the glory, the recognition, for this power at work in us?

As we end this day, surrender to God in any area where you need His power in your life. Ask Him to do more than you can ask or imagine in this area.



Week 1 Homework

Day 5: Our Savior - Hebrews 1:4-7, 13-14

On the last day of our first week of homework, we come to the most important topic of all found in Hebrews 1:3. Fill in the blanks of this phrase found there from the NKJV. ...when He had by Himself _____ our _____...

Add it to your chart that Jesus is Savior.

The word purged brings to mind the image of getting rid of something. It reminds me of decluttering your house, where you get rid of the things you don't need. It also is translated as purifying from Greek to English. Jesus, by His sacrifice, which we will come to again and again in our study, purified us from our sins, so that we could be in God's presence and enjoy all He is!

Why did Jesus come in Luke 19:10?

What is the way that he saves the lost? Look up the following verses and write what you think they mean.

Romans 3:10

Romans 3:23

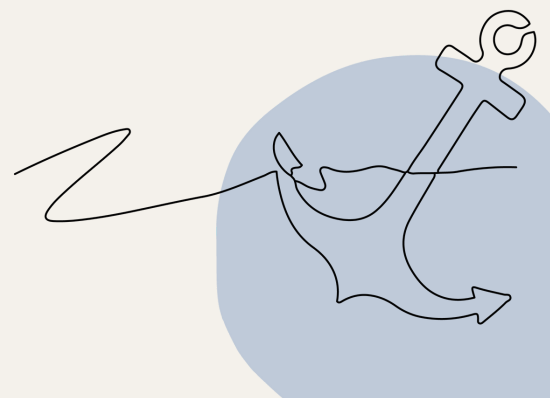
Romans 6:23

Romans 5:8

Romans 10:13

Romans 10:9-10

Romans 12:1-2



Week 1 *Homework*

If you want to receive this gift of salvation, just talk to God and ask Him to forgive you of anything you have said or done that has come between you; that is called sin. Invite His Holy Spirit to come live in you. Ask Him to help you follow Him. Continue learning and growing by reading your Bible, going to Bible Study, praying, and learning from other Jesus-following Christians. Have you received this gift yet? If you decided to do this today, tell another Christian you have done this and ask them to pray for you.

If you are already a follower of Jesus, I recommend you write these verses in Romans, often referred to as the Roman Road in your Bible. It's a powerful way to share the gospel with someone!

The author of Hebrews spends much time showing how Jesus is better than everything, including angels! Angel worship was a temptation for the readers. Let's spend some time learning more about angels.

Who is better than angels and whom do they worship? Hebrews 1:4-6

What forms can angels take? Hebrews 1:7, Hebrews 13:2

Whom do angels serve? Hebrews 1:14

Are angels all-knowing according to 1 Peter 1:12?

Week 1 *Homework*



Write a summary sentence of what you have learned about angels.

*How does this information change your view of angels?**

We will continue to learn more about angels in the coming week's teaching and homework. The most important fact about angels is that they are lower than Jesus. Jesus is God's Son who is speaking. He is Ruler and Creator. He is powerful, being God Himself. He is our Savior. Angels worship Him and serve us who are gifted with this salvation.

We started off the week learning that God spoke to people through the prophets and then we learned seven things about Jesus. How many of these seven things can you find that Isaiah, one of the prophets, said in Isaiah 9:6 below?

For a child is born to us, a son is given to us. The government will rest on his shoulders. And he will be called: Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. NLT

*In closing off our first week, ponder the seven attributes of Jesus we studied. Choose one to explain why it is meaningful to you personally. Express that as an act of worship to Jesus. Be ready to share this with your group. **

Thank you, God, for sending your Son Jesus to speak to us and to save us. We worship you, Jesus, along with the angels, as our powerful Creator, Ruler, God, and Savior.

